



# Preparing for disasters: Earthquakes

A road to resilience in Southeast Asia





Just outside Safety City, the semi-finals of the Chess Championship are suddenly interrupted...



...when without warning, the ground starts shaking hard and fast!!



EARTHQUAKE!!!



**Cradaaaaack!!!**

Good thing I practiced earthquake drills at school!



No Ton!  
Don't try to run!



Drop down onto your hands and knees!

Huh?

Quickly! Before the earthquake knocks you down!



Ouch!!



OK Fah!



Let's take cover under this table until the shaking stops!



Hold on to the table leg with one hand and protect your eyes with the other hand!





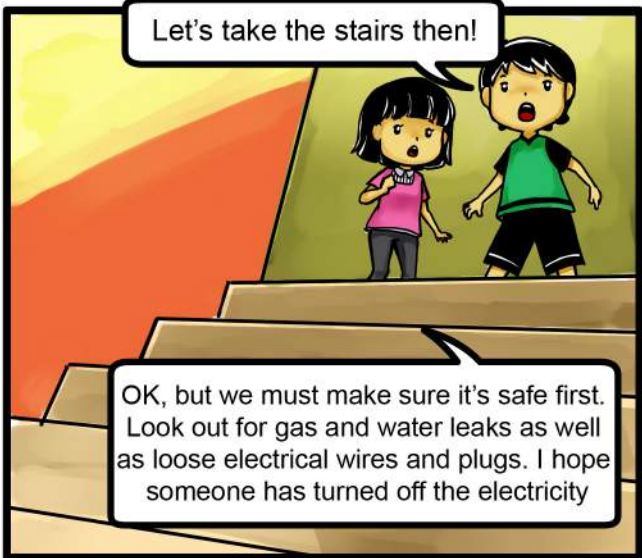
Fah and Ton calmly wait until the shaking stops...



...then they carefully exit the room together!



No! Never use elevators in an earthquake!



Let's take the stairs then!

OK, but we must make sure it's safe first. Look out for gas and water leaks as well as loose electrical wires and plugs. I hope someone has turned off the electricity



FIRE!



Foosh!



Yes! We're alive! Thanks Fah!

It might not be over just yet...there still might be some aftershocks! We should look out for anything that might fall



Oh no! What should we do if there is more shaking?

Wherever you are, follow the same rules for an aftershock as you would for an earthquake...



Drop, cover and hold on!

Thanks Fah.



Wow! Thanks!

When it comes to earthquake safety, you win!

## Below is a list of things to remember if there is an earthquake. Study it well, these tips could make all the difference for you and your family!

- Make sure everyone in your household knows where and how to evacuate to
- Always take part in earthquake drills at home, work and school
- Drop, cover and hold on
- If you are near a strong table, get under it. Hold on to the table leg with one hand and protect your eyes with the other hand
- If you are in bed, stay there and protect your head with a pillow
- If you are outdoors, find a clear space away from overhead hazards such as buildings, trees, street-lights and power lines
- Remain in position until the shaking stops
- Do not use elevators
- Turn off electricity, gas supply and water and disconnect any electrical appliances
- After the main shaking stops, beware of aftershocks



To learn more about disasters, please visit:  
[www.redcross.org/prepare/disaster/earthquake](http://www.redcross.org/prepare/disaster/earthquake)

### International Federation of Red Cross and Red Crescent Societies

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