

# LIVELIHOODS HELP DESK

Since livelihoods are the key components of the resilience of individuals, households and communities and this sector has been massively damaged by the crisis, does your National Society want to help vulnerable people to cope with the COVID-19 crisis by taking appropriate programmatic decisions to protect and maintain people's livelihoods?

The [Livelihoods Helpdesk](#) is a service available for all staff and volunteers of National Societies, the IFRC Secretariat and the ICRC who might want to access remote technical advice on all aspects related with FS, Livelihoods and nutrition.

**Remote technical support will be provided from a team of experts who can respond in: **English, Spanish, and French****

**Available: **5 working days out of 7****

**Response Time: **within 1 working day****

## Guidance and support



- Remote technical guidance
- Support on specific programme measures and adjustments to promote continuity or new FSL programmes to be implemented by RCRC Movement
- Remote technical review of FSL project documentation
- Any other FSL and nutrition query you might have

## Information and learning



- Frequently asked questions
- Information updates
- Case studies, facts sheets and learning resources
- FSL toolbox and indicators
- Technical guidance on livelihoods programming.

Access the Livelihoods Helpdesk

[www.livelihoodscentre.org/covid-19-help-desk](http://www.livelihoodscentre.org/covid-19-help-desk)

Contact: [covid19-livelihoods@cruzroja.es](mailto:covid19-livelihoods@cruzroja.es)

[livelihoodscentre.org](http://livelihoodscentre.org)