



International Federation of Red Cross and Red Crescent Societies  
Fédération internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge  
Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja  
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر

**Global First Aid Reference Centre**

## *Explanation sheet « Beary story and missing words »*

### **Foreword :**

This game and associated story have been created by the [Global First Aid Reference Centre](#) to teach children about COVID-19 in connection with first aid.

### **Support and materials:**

1. Beary story and missing words to print
2. Cissors to cut up the words

**Where to use :** home, school, community centre, at the start of first aid training...

**Age range :** from 3 years +

### **Learning objectives:**

- To introduce health and safety measures relating to daily life and to the pandemic situation
- To highlight basic first aid

**Duration:** between 10 and 20 minutes depending on the age and the discussions generated.

**Number of players :** from one to 4 players per game, with the option of playing in small teams.

### **How to play :**

The aim of this activity is to find « the missing words » in the Beary and Monkey story, the two friends. If the child knows how to read, they can first get to know the story by reading out loud and trying to guess what terms have to be fill in. Next, the parents or trainer give them the sheet of words to cut out, and to insert into the story (Virus, Hands, Sneezes, Elbow, Kiss, Soap, Dressing).

### **Remember the key ideas in the story**

- To fight against the spread of the COVID-19 virus, wash your hands with soap for at least 20 seconds very regularly (child can sing “happy birthday song” twice to have the correct time), blow your nose with a disposable tissue, practice social distancing as much as possible
- Always sneeze into the inside of your elbow if you don’t have a tissue
- When dealing with pain from a fall, cool the wound with ice without making direct contact with the skin (never for longer than 20 minutes)
- In case of a basic wound, the first aider must wash their hands before and after providing first aid, clean the area with drinking water, and disinfect if possible then cover with a dressing



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## The answers in highlighted bold

### Daredevil Beary during the Corona-virus

*In this time of confinement, everyone is allowed one little hour to go out for fresh air and to get a bit of exercise. Beary's mum lets him go and stretch his legs by walking round the block.*

*Beary walks light heartedly but he doesn't forget the advice he's heard to protect himself from the horrible **virus**. On his journey, he finds his friend Monkey, but there's no way they can shake each other's **hands** : they both stay at a distance.*

*A light breeze spreads pollen in the air, Monkey **sneezes** « Atchoo ! Atchoo ! Atchoo ! » in the inside of his **elbow** like he learnt. Beary who jumps on the gravel, also starts to sneeze : he trips on a pebble and THUMP, falls on the floor « Ow ! Ow ! Ow ! that hurts ! »*

*« Quick, I need to go home » said Beary.*

*Beary's mum doesn't **kiss** him to make him feel better, but after the two friends have washed their hands with **soap**, she cleans the wound with disinfectant and puts a **dressing** on Beary's grazed knee. In the kitchen, mum gets her knife to share some cake for an afternoon snack, Beary who loves cake stops crying.*

*Beary and Monkey are sat at the far side of the table from each other: what a polava !*

*Enjoy your food friends!*

### Partners :

- [French federation for the prevention of household risks](#)
- [Daredevil Beary, educational project](#)

**If you would like to train as a first aider, individually or as a family, contact your local Red Cross/Red Crescent, we are active in 192 countries.**