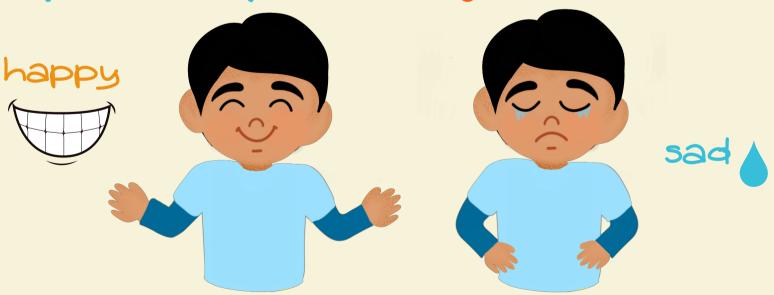
FEELINGS FACES

You may have a lot of feelings right now.



Think of how are you today, choose a face to represent how you are feeling, and talk about it.



How do you feel after talking about it?

Try this every day!

FEELINGS FACES

Choose how you feel today

