

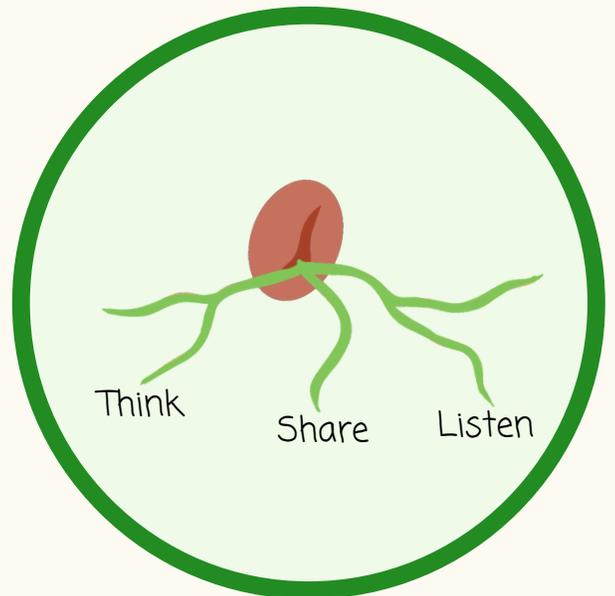
THE EMPATHY TREE



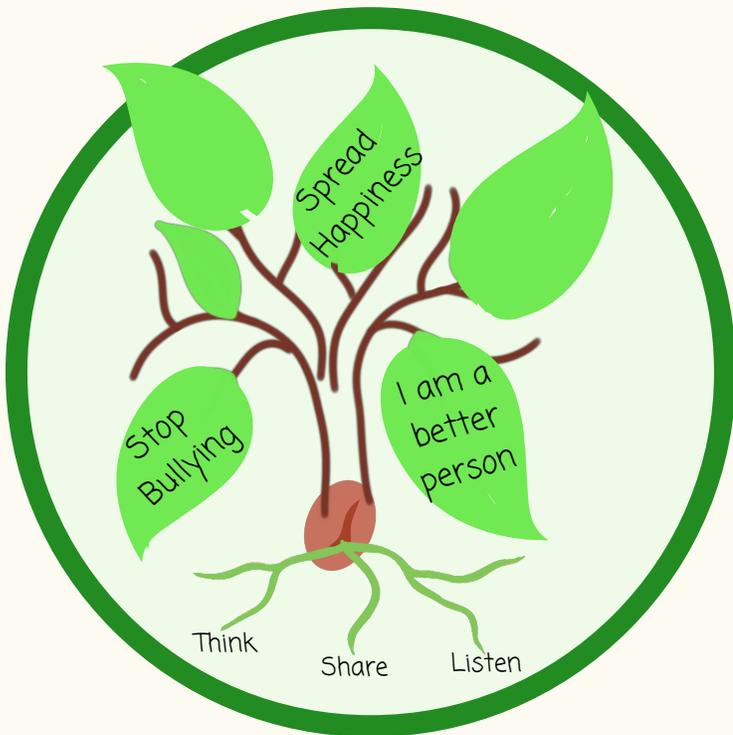
Do you know what empathy means?
It means to understand how people feel.



1 Imagine that empathy is a seed.
Draw a picture of the seed.



2 Draw 5 roots under the seed.
On each root write a kind act you can do to
better understand how someone feels.



3 Draw a big tree with branches and leaves.
On each leaf write something positive that
comes out of understanding people better.

How is it better for you?
How is it better for others?
How is it better for your community?

Think about how understanding each other better can help you create a kinder world.