

SHARE YOUR IDEAS

1 THINK OF THE FUTURE

We know this is a tough time and you may be at home a lot. Have you been thinking about what to do when the virus is gone?



2 IMAGINE

Close your eyes and imagine you can see the future. What do you want to do when you can go outside more?

Imagine that you are back in school! What would you like to do?

3 WRITE THEM DOWN

Write or draw pictures of your ideas on small sheets of paper.

Do you want to go to the park more often?
Would you like to go play on the playground?



4 KEEP THEM SAFE

Put the sheets of paper in a jar and add to it whenever you think of a new idea.

When the virus is gone, pick a sheet of paper from the jar every day!

You can do the activity with your family and friends!