

DONOR, RECIPIENT MATCH-UP

Did you know that one blood donation can save up to three lives? Blood donations can be used for the treatment of diseases and during surgeries. There are 4 blood types: O, A, B, and AB, and they are divided into + and -. The blood compatibility chart shows what types of blood people can receive.

Health

Time

15 minutes

Difficulty

Easy

Resources

Paper, pens, markers

Instructions

Step 1

- Divide the class into two groups, Recipients and Donors.

Step 2

- Create two equal sets of blood type cards (enough for everyone in the class).

Step 3

- Draw the Blood Compatibility Chart at the front of the class to review it together.

Step 4

- Give each Recipient and Donor their own blood type card.

Step 5

- Have each Recipient look at the chart to see what types they are compatible with and sit down, hiding their card.

Step 6

- Set the timer for 2 minutes. Donors go around the room to quickly find their match by showing the Recipients their cards and seeing if the Recipient acknowledges their match.



For more Health activities, visit
www.preparecenter.org/TeenPrepKit

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BLOOD COMPATIBILITY CHART									
		DONOR							
TYPE		O+	O-	A+	A-	B+	B-	AB+	AB-
RECIPIENT	O+								
	O-								
	A+								
	A-								
	B+								
	B-								
	AB+								
	AB-								



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