



Urban Resilience companion Guide

A quick guide to finding the right tools for your urban work

December 2025

What is the Urban Resilience Companion?

The Urban Resilience Companion is a practical online platform designed to help National Societies and urban practitioners find the right tools and case studies to make cities safer, more inclusive, and more resilient. Rather than searching through long lists or complex databases, the Companion helps you quickly identify resources that match what you want to achieve or the context you are working in.

Welcome to the Urban Resilience Companion!



This a dedicated space for National Societies, support teams, and partners working on urban resilience. Here, you can:

-  Discover tools that match your goals
-  Learn how to apply them in your context
-  Explore real examples from cities worldwide

Language & translation

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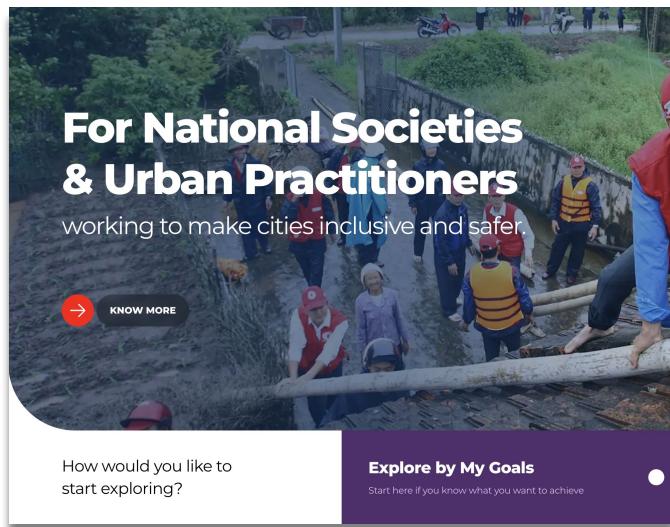
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English

The Urban Resilience Companion is available in multiple languages to support diverse teams working in different regions. You can easily switch languages at any time using the language selector in the upper right corner of the platform.

Explore by My Goals



Use this option if **you know what you want to achieve.**

The platform will guide you through a few short steps:

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1. Choose your goal
2. For example: I want to understand my context and risks.
3. Select a guiding question

What are you trying to achieve right now? (Select one goal)

I want to **Bring People & Partners Together**

I want to **Check Vulnerabilities & Capacities**

I want to **Plan, Act, & Deliver Solutions**

I want to **Reflect, Improve & Share Lessons**

I want to **Understand My Context & Risks**

4. Choose a question that reflects what you are trying to figure out, such as:
5. How do I understand the risks associated with urbanisation or urban contexts?
6. Click "Find resources"

Choose a guiding question that reflects your goal (Select one guiding question)

How Do I Know The Risks Associated With Urbanization / Urban Contexts?

What Does Urban Resilience Programming Entail?

Why Is Urban Resilience Programming Important?

Find Resources

Explore by My Context



How would you like to start exploring?

Explore by My Context
Start here if you know your programme setup

Use this option if you **want tools that match your program setup or working environment.**

In this pathway, you tell the platform a bit about your work, such as:

Who are the key actors you want to engage with? (Select one or more)	What is the main challenge you are addressing? (Select one or more)	Where is your team in their programme journey? (Select one)
Academia & Technical Partners Community & Civil Society Government Private Sector & Media	Conflict Flooding Saltwater Intrusion Tropical Storms	Assess Identify vulnerabilities and capacities within communities
Cities Donors & Multilaterals National Societies Youth	Epidemic / Pandemic Heat Landslides Storm Surge	Engage Bring partners and people together for shared action
		Explore Understand your city's context, risks, and priorities
		Implement Plan, act, and maintain interventions effectively
	OTHER THREATS Climate Migration Social Protection	Learn Monitor progress, reflect on outcomes, and improve future actions

Find Resources

- Who you are working with
- The challenge you are addressing
- Where your team is in its programming journey

You do not need to answer every question, but the more information you provide, the more tailored the results will be.

What **Results** you will see

Finding Resources that match your goal

No matter which pathway you choose—**by goal or by context**—the platform shows tools and case studies that match your selections.

Each result clearly explains:

- What the tool is for
- Key features and how it can be used
- Estimated time needed to implement it
- Possible adaptations for different contexts

This allows you to quickly assess whether a tool is right for your needs before diving into the details.

Exploring tools in more detail

Once you find a tool that looks relevant, you can:

- Open it to explore further
- Download resources
- Share it with your team

You will also see suggested related questions. These help you discover additional tools you may not have considered—without starting your search again from scratch.

We found 11 resources that match your goals

4 TOOLS 7 CASE STUDIES

Extreme Heat Risk Perception Survey Template

[Open Tool ↗](#)

Tool Purpose

To support humanitarian actors, city systems and communities in understanding the risk perception of the most vulnerable communities to better develop actions to reduce their risks.

Key Features

Survey template for conducting heat risk perception studies.

Level Of Technical Expertise Required

Low to Medium. Designing and analysing the results of risk perception studies will require technical expertise that can be obtained from Meteorological agencies and or academic institutions in the country.

Estimated Time To Implement

- Adaptation into context: 3-6 weeks
- Adaptation into awareness campaigns: 3-6 months

Adaptations

- Translate and localize the guide and the survey
- Use the results in designing communication materials e.g. posters/social media kits in awareness campaigns.
- Partner with municipalities in designing the city heat interventions.
- Integrate into urban EVCA studies.

A Final note

You do not need to explore everything at once.

Take your time, follow what feels most relevant to your work, and return whenever your priorities change.

If you would like to learn more about the platform or need support, visit the Help section by clicking the Know more button on the home page banners.



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